



CLEVELAND COUNTY WELLNESS COMMITTEE

MINUTES

FRIDAY, OCTOBER 25, 2019

9:00 AM

The regularly scheduled meeting of the Cleveland County Wellness Committee was called to order this 25th day of October 2019 in the conference room at 122 E. Eufaula Street by Tammy Belinson, County Clerk/Secretary.

Those present were: Tammy Belinson, Brenda Hill, Bryan Jenkins, John Roberts, Carrie Welles, Alison Vinson, Brian Wint, and George Mauldin.

Those absent were: Rod Cleveland, Bryant Rains, Douglas Warr, Jacob McHughes, Sarah Patterson and Sherah Curren.

Ex-Officio members present: Linda Atkins, Jennifer Slawson and Meredith Rowland, NP.

After the reading of the **minutes of regular meeting of June 28, 2019** and there being no additions or corrections, Alison Vinson moved, seconded by John Roberts, that the minutes be **approved**.

The ayes have it and the motion is carried.

A. Items of Business:

1. Alison Vinson, HR, **updated** on health and wellness matters for county employees. She said that she is getting a lot of questions from the District Attorney's asking if the employees can use through gym access. Tammy Belinson said that the Judges' secretaries are scheduling massages. After further discussion it was resolved to take it before the BOCC. John Roberts said that the massage therapist is staying booked up and hopes to open for a third day as her goal.

Alison Vinson said that the massages are only available to the Cleveland County employees.

Tammy Belinson said that she didn't see a problem with it if she can handle scheduling more customers. They are paying the cost of the massage to the therapist.

Alison Vinson said that she did not want that group to keep one of the county employees being able to schedule.

John Roberts said that if she went to a third day there would be no conflict.

2. **Brian Wint**, Project Manager, reported on County Wellness Gym Facility.



Fitness Center Report
Cleveland County South Annex Building
Norman, Oklahoma 73069
October Report

Total number of Users:	205
Busiest Day:	15
Reports of Injuries:	0

~~Also, remind your employees to listen to.~~

Please ask your employees to put up what they get out. Not everyone can lift the heavier weights. Especially on the squat rack/ bench press machine.

3. **Nothing to report** from Emergency Management Director regarding Wellness Committee issues.
4. Meredith Rowland, NP, **had no new updates to report on Employee Health Clinic.**
5. Tammy Belinson moved, seconded by John Roberts, to **table** until a later date **discussion and or Action to recommend** to the Board of Cleveland County Commissioners to **Revise an Amended Resolution** approved on March 14, 2016, that increased the number of members for the Cleveland County Wellness Committee from three (3) members to a total of fourteen (14) members; since that action was taken the minimum numbers of members who must be present at a meeting to transact business are not attending and the result is that no motions or votes can occur due to lack of quorum.
6. John Roberts moved, seconded by Brian Wint, to **approve the Notice of Schedule of Regular Meetings for every other month** of the Cleveland County Wellness Committee to be held during the 2020 Calendar Year.
The ayes have it and the motion is carried

B. No new business for discussion at this time.

C. No Wellness Committee Members discussion at this time.

- D. There being no further business to come before the **Wellness Committee**, John Roberts moved to **adjourn**. Brian Wint seconded the motion.
The ayes have it and the meeting is adjourned at 9:17 AM.
Motion carried.

(Clerk's Note: Agenda was posted Wednesday, October 23, 2019 @ 4:30 P.M.)

CLEVELAND COUNTY WELLNESS COMMITTEE
CLEVELAND COUNTY, OKLAHOMA



Rod Cleveland, Chairman

ATTEST:



Tammy Belinson, County Clerk

Minutes Prepared by: Linda Atkins
Deputy County Clerk

